**Sample Description:**

Congress is considering including the Safe Step Act in the final Pharmacy Benefit Manager

(PBM) Reform package this month. Use this form to email your members of Congress and ask

them to urge Congressional leadership to include the Safe Step Act in the final PBM reform

Package!

**Note: Include a couple sentences about your story or why step therapy reform is important to you. Your personal message will ensure your emails stand out!**

Step therapy, or fail first, is a health insurance protocol that requires patients try and fail on one

or more medications before approving coverage for the treatment initially selected by the

patient and their health care provider. When medically inappropriate, step therapy can delay

access to needed care and result in severe or irreversible health outcomes.

**The Safe Step Act** would ensure that employer plans offer an expedient and medically

reasonable step therapy exceptions process. This exceptions process would help patients skip

medically inappropriate step therapy protocols, and access the right treatment at the right

time.

**Sample Email to Legislators:**

**Subject:** Please Urge Leadership to Pass the Safe Step Act

**Email**:

As a constituent, I write to ask you to please contact congressional leadership and urge them to

pass HR 2630/S 652, the Safe Step Act in the final PBM reform package.

**Don’t forget to personalized your email.**

Insurance-mandated step therapy requires patients to try and fail one or more medications

before the health plan will cover the drug initially selected by the patient and their provider.

The Safe Step Act, based on 36 state laws, would ensure employer plans offer a reasonable step therapy exceptions process so that patients can seek an exception before they experience

physical harm.

Please urge leadership to pass HR 2630/S 652, the Safe Step Act in PBM reform to improve

timely patient access to needed care.

**Sample Call Script:**

“Hi, my name is [name], and I live in [town]. I understand that Congress is negotiating the final

Pharmacy Benefit Manager (PBM) reform package. I am calling to ask your boss to urge

leadership to pass the Safe Step Act in the final PBM reform package. Any PBM reform must put patients first and include the Safe Step Act.”

**Briefly share your story:** Are you living with a condition for which health plans apply step

therapy? Are you a caretaker? Have you or a loved one experienced step therapy challenges?

Have you experienced a delay in getting your medicines?

**Briefly describe the bill:** “The Safe Step Act is a patient-centered bill that will ensure employer

health plans offer a reasonable and timely step therapy exceptions process for patients and

their providers so that patients can access needed treatments in time.”

**Repeat the ask:** “Will your boss encourage leadership to pass the Safe Step Act in the final PBM reform package?”

**Share on social media**

I signed the HR 2630/S 652, the Safe Step Act in the final PBM reform package which would ensure patients skip medically inappropriate step therapy protocols, and access the right treatment at the right time!

We need your help – please urge @SpeakerJohnson and Congress to put patients first

and pass the #SafeStepAct in PBM reform. https://sturge-weber.org/get-involved/advocacy.html